

# The QPASTT Children's Program: The Whole of School Approach



## About QPASTT

Qld Program of Assistance to Survivors of Torture and Trauma (QPASTT) is a community based service which aims to provide services which address a range of physical, psychological and social needs that refugee survivors of torture and trauma have. QPASTT offers:

- Information sessions on health
- Counselling for children, young people, families and adults
- Group work
- Community Development Projects
- Youth Program
- Natural Therapies clinic
- Training and consultancy

## The QPASTT Children's Program

The Children's Program addresses the special needs of primary school-aged children from refugee backgrounds who have experienced torture/trauma by working within a child-centred collaborative model. Our approach to healing involves children, parents/guardians and school staff in the process.

## The Whole of School Approach

The Whole of School Approach at QPASTT aims to:

1. Promote a supportive school environment for refugee students and their families
2. Nurture the mental health and wellbeing of refugee students
3. Enhance student's educational outcomes
4. Promote social connectedness between refugee families and the school community

The Whole of School Approach includes:

**Working in partnership** with primary schools to identify training and support needs for staff. We can offer support and guidance to School Management in the following areas:

- ⇒ School Policies and practices
- ⇒ School organisation and ethos
- ⇒ School curriculum and programs
- ⇒ Partnerships with parents
- ⇒ Partnering with agencies

**Offering training** to school staff as part of a whole school plan. QPASTT can offer professional development, by providing information about the refugee experience, to help build awareness and capacity of schools to support students from refugee backgrounds.

**Directly supporting** children and families from refugee backgrounds. We offer individual counselling and support for referred children. Please refer to the Children's Program Referral kit.

We also run specific groups for children from refugee backgrounds and can provide information and activities for programs to promote connectedness and well-being in the whole class.

## To contact QPASTT

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