

P.O.U.C.H. is funded by the Australian Government through the Department of Families, Housing, Community Services, and Indigenous Affairs.

For more information about P.O.U.C.H. contact the POUCH Coordinator at QPASTT

Queensland Program of Assistance to Survivors of Torture and Trauma

Tel: 07 3391 6677

Email: admin@qpastt.org.au

HOW CAN I REFER MYSELF OR SOMEBODY TO THE PROGRAM?

You can refer directly to QPASTT or POUCH by ringing the above number and speaking to the Duty Officer. Alternatively you can download a referral form from our website www.qpastt.org.au

Client, community and stakeholder feedback about this program is welcome.

HOW CAN I FIND QPASTT?



QPASTT is located at 50 Shottery St, Yeronga, on the south side of Brisbane.

- Near Yeronga Railway Station, Refidex map: 179 Ref K13
- Train: Yeronga Station (Beenleigh line) take the footbridge across Fairfield Rd
- Bus: 105 City/ 105 Indooroopilly. Stops at Kadumba St.
- Phone Transinfo (public transport information) on 13 12 30

QPASTT is here



QPASTT
Queensland Program of
Assistance to Survivors
of Torture and Trauma

P.O.U.C.H. Program *Promoting Our Unity Culture and Human Rights*



A family relationships program for humanitarian entrant families

P.O.U.C.H. Program

*Promoting Our Unity Culture
and Human Rights*

A program of QPASTT
(Queensland Program of Assistance to Survivors of
Torture and Trauma)

The POUCH Program is a Family Relationship Service for Humanitarian Entrants. It aims to deliver a family based approach to support and assist individuals, families and communities and to strengthen respectful, rewarding and lasting family and community relationships.

The POUCH Program includes:

- Counselling for families experiencing relationship issues such as separation, cross generational issues, raising children in a new setting, marital difficulties or changing family roles in a new cultural setting
- Information, Referral and Advocacy
- Support: Including group work
- Education: Family Skills, Parenting, Families in Cultural Transition
- Community Capacity Strengthening

WHO CAN ACCESS THE SERVICE?

The program is available to humanitarian entrants who have recently arrived in Australia.

OUR COUNSELLORS AND FACILITATORS

Qualified professionals staff the POUCH Program. We also use interpreters where appropriate.

HOW DO FAMILIES ACCESS THE SERVICE?

For referral, please contact QPASTT and ask to speak to the duty officer on 3391 6677, Monday to Friday, 9.00am – 4.30pm. Alternatively you can download a referral form from our website at www.qpastt.org.au. The POUCH Program staff will then respond to your referral.

WHO IS QPASTT?

QPASTT is a non-profit, non-government organisation that provides counselling, advocacy, support, group and community capacity strengthening to survivors of torture and trauma from refugee backgrounds.

**POUCH is a FREE & CONFIDENTIAL
SERVICE**

Helping families realise and integrate their new life in Australia with a strong and proud ethnic identity.



The approach adopted in the program aims to be culturally relevant and effective and contributes to building the capacity of refugee communities to address issues of concern themselves.

