

How to refer to QPASTT?

Adults, children, couples, families and groups may be self-referred or referred by someone else to QPASTT. The referring person must obtain permission and whenever possible have the client present during the referral process.

If a child (up to 12 years old) is being referred, the parent or guardian will be asked to participate in an initial interview assessment process.

Referral forms are available from our website www.qpastt.org.au or contact QPASTT.

QPASTT

50 Shottery St, Yeronga 4104

Postal Address: PO Box 6254

Fairfield 4103

www.qpastt.org.au

Phone: (07) 3391 6677

Fax: (07) 3391 6388

Email: admin@qpastt.org.au



How can I find QPASTT?

QPASTT is located at 50 Shottery St, Yeronga, on the south side of Brisbane.

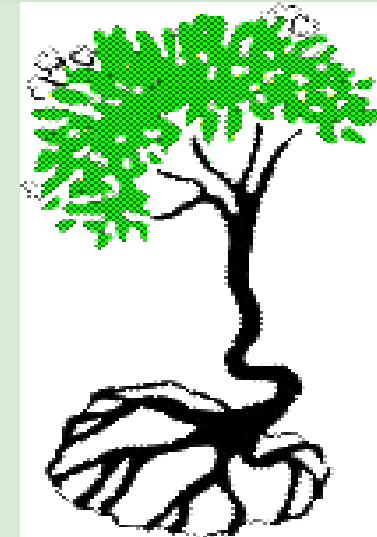
- ◆ Near Yeronga Railway Station, Refidex map: 179 Ref K13
- ◆ Train: Yeronga Station (Beenleigh line) take the footbridge across Fairfield Rd
- ◆ Bus: inbound city to Yeronga 105 bus & exit at stop 30. Stops at Kadumba St
- ◆ Bus: outbound Yeronga 105 bus at the Yeronga TAFE Park Rd to PA Hospital Bus & Rail

Phone Transinfo on 131 230



QPASTT

Queensland Program of Assistance
to Survivors of Torture and Trauma
Inc



50 Shottery St

Yeronga Qld 4104

**QPASTT is the Queensland
member of the Forum of
Survivors of Torture and
trauma (FASSTT)**



Qld Program of Assistance to Survivors of Torture and Trauma Inc

Who is QPASTT for?

QPASTT provides assistance to people who have:

- undergone torture
- witnessed or experienced the torture of someone close to them
- experienced trauma during flight from their homes and countries
- experienced victimization due to membership of a political, ethnic or religious group, or
- experienced war, political upheaval and fear for life

What does QPASTT do?

QPASTT is a community based service which aims to provide services which address a range of physical, psychological and social needs that refugees survivors of trauma and torture may have.

The aims of QPASTT

The aim of this service is to provide a range of flexible and culturally sensitive services to people who have been tortured or who have suffered refugee related trauma prior to migrating to Australia.

What services does QPASTT offer?

- **Short term torture and trauma counselling** for those who have been in Australia less than 6 months
- **Information sessions** on health, Families in Cultural Transitions Programs (FICT) and support with accessing specialist health care
- **Adult counselling program** for survivors of torture and trauma including refugee claimants
- **Youth Program** for young people aged 12-24 years, which includes support in school and community, individual counselling, advocacy, holiday program and homework club.
- **Personal Support Program** for those who have faced unemployment due to experiences of torture and trauma.
- **Children's program** including counselling and advocacy for children aged 4-11 years

- **Natural Therapies Clinic** including homeopathy, nutrition therapy, flower essences, aromatherapy, herbal medicine and massage
- **Family based counselling for African families** experiencing relationship issues such as cross generational issues, raising children in a new setting, marital difficulties or changing family roles in a new cultural setting
- **Community Development** projects with African communities
- **Capacity building and networking** with health services
- **Training and consultancy** for health and related workers, support to community workers dealing with survivors

QPASTT condemns torture as an unacceptable violation of human rights and joins with related agencies to fight against the practice worldwide.